



Policy	LGHA 002
Effective Date	Oct 1, 2023
Board Approval	Oct 13, 2023
Review	Annually

LGHA Dressing Room Policy

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1. Objectives

1.1.0 The team dressing room has a significant role in minor hockey, and is a place of learning, leadership and positive social interaction. The policy outlined below is designed to ensure the safety of all players, promote inclusion and respect the privacy of all participants on a LGHA team. This policy is in line with the OWHA's new dressing room policy and covers all team activities where the dressing room is utilised.

2. Rule of Two

2.1.0 For the protection of both our players and team staff members, **AT NO TIME** should players be in the dressing room with only one adult present. **At least 2 dressing room supervisors** (over 18) should be present at all times in the dressing room(s) or immediately outside the dressing room(s) with the door partly open to monitor the environment and ensure it is free of any discrimination, harassment, bullying, or other forms of maltreatment. The Rule of Two remains in place when showers are in use.

2.1.1 For our U9 level and younger, supervisors must be in the dressing room

2.1.2 For our U11 to U18 levels, supervisors must be in the dressing room, OR immediately outside the dressing room(s) with the door partly open.

3. Electronic Devices

3.1.0 The use of any electronic device to send, receive or record a message or image is strictly prohibited in LGHA dressing rooms. This is for the protection and safety of our players and coaching staff. This includes (but is not limited to) cell phones, video recorders, tablets, and sport action cameras.

3.1.1 Cell phones are only permitted to be used in a dressing room for the purposes of controlling music being played.

4. Minimum Dress Requirement

4.1.0 All players are required to maintain a minimum level of dress in the dressing room at all times.

4.1.1 A base layer, at minimum, is required to be worn by all players from the time they arrive to the time they depart the arena.

4.1.2 For the LGHA, a base layer may be composed of shorts and a t- shirt or compression type pants/shorts and a compression type shirt/sports bra.

4.2.0 A participant not arriving at the arena wearing their base layer can use an appropriate private space (e.g., private restroom stalls or empty/unused dressing rooms) to change into the base layer and then enter the team dressing room with the other participants.

4.3.0 When in open concept showers (showers without a curtain, door etc), it is encouraged that all athletes wear certain minimum attire at all times, including swimwear. Participants could use a private restroom stall to change out of their base layer and into their swimwear prior to using the shower. Similarly, they could dress in a private restroom stall after they have completed their shower.

4.3.1 Teams must ensure there is adequate supervision in the dressing room while participants are showering, following 'Rule of Two' guidelines above.

5. U9 Level and younger

5.1.0 At the U9 level there must be:

- 2 **Female** dressing room supervisors (affectionately known as "Den Moms") registered in RAMP with clear Criminal Records Checks including negative Vulnerable Sector Checks as well as Respect in Sport for Activity Leaders certification present **in** the dressing room **at all times**.

5.1.1 Deadline for all dressing room supervisors to submit necessary documents outlined in 5.1.0 above will be November 30, 2023.

5.2.0 One parent, guardian/caregiver (any gender) will be permitted in the dressing room with the players for a brief time to help with their player's equipment and skates.

5.2.1 Other family members will not be permitted in the dressing room for any reason.

5.3.0 At the discretion of the head coach, parents and/or guardians/caregivers may be asked to leave the room during pre and post-game team talks. The head coach will outline any dressing room expectations, in addition to those outlined in this policy, to all players and their families at the beginning of the season.

6. U11 to U18 Levels

6.1.0 At the U11 to U18 levels there must be:

- 2 **Female** dressing room supervisors (affectionately known as "Den Moms") registered in RAMP with clear Criminal Records Checks including negative Vulnerable Sector Checks as well as Respect in Sport for Activity Leaders certification present in the dressing room(s) or immediately outside the dressing room(s) with the door with the door partly open.

6.1.1 Dressing room supervisors must be over the age of 18.

6.1.2 Deadline for all dressing room supervisors to submit necessary documents outlined in 6.1.0 above will be November 30, 2023.

6.2.0 No other family members, guardians/caregivers are permitted in the dressing room.

6.2.1 In case of injury or other unforeseen event, team officials abiding by the 2-deep rule (section 2.1.0) may invite a family member, guardian/caregiver into the dressing room to accompany the affected player.

6.3.0 The head coach will outline any dressing room expectations, in addition to those outlined in this policy, to all players and their families at the beginning of the season.

7. Sanctions

7.1.0 Any member found (or reported) to be in violation of this policy will be brought to the attention of the OWHA. Suspensions are progressive and range from a warning to a year suspension.